

YOUNG ADULT GENERAL COURSE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09.00-10.30	Entry test (week 1) or Free (week 2+)	Classes	Classes	Classes	Classes
10.30-11.00	Coffee break				
11.00-12.30	Classes	Classes	Classes	Classes	Classes
12.30-13.30	Lunch break				
13.30-16.30	Classes (to 15.00)	Sports and activities	Sports and activities	Excursion to 18.00	Sports and activities